

MOONRIDGE ACADEMY

Moonridge Academy, located in gorgeous Southern Utah, Cedar City, is the leader in adventure-based, age-specific treatment for teens 11-14 years old. Female, nonbinary, & transgender males (female assigned at birth).

- Emotional Dysregulation
- Anxiety and Depression
- Social Withdrawal
- Self-harm
- Family Discord
- Body Image
- Trauma
- Relationship Problems
- Adoption and Attachment
- School Avoidance / Refusal

Young students need a lot of attention. Moonridge Academy believes just 24 students in a homelike setting, surrounded by horses and dogs, creates a feeling of home and family. A small group allows for deeper relationships, ample attention, and the opportunity to adventure. Clinically intensive with the ability to treat complex issues and behaviors, the small size and relational approach make Moonridge feel soft and nurturing.



We are all in, every day, for every child.

www.moonridgeacademy.com

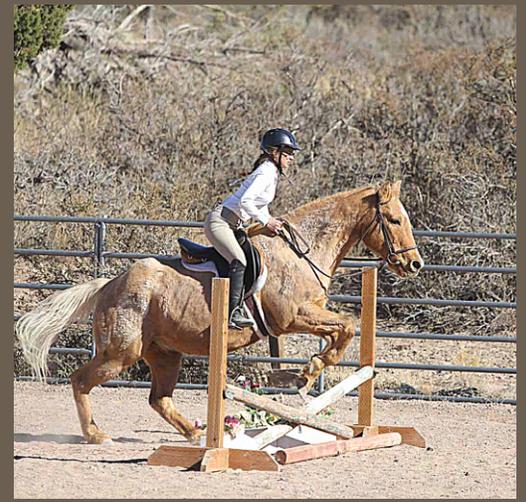
Admissions:
admissions@moonridgeacademy.com
435-900-2115



MOONRIDGE
ACADEMY

THERAPY

- Master's Level Clinicians provide weekly individual, family and group therapy
- Trauma Informed Care
- DBT - Dialectical Behavioral Therapy
- Brainspotting
- Equine Therapy
- Sand Tray Therapy
- Art and Play Therapy
- Family Therapy focuses on Family Systems Treatment



ACADEMICS

Fully accredited schooling, grades 6-9, we make sure learning is fun and effective. Traditional classrooms and certified teacher-led instruction. Class sizes are small with 3-7 students. Year-round schedule allows for credit catch-up.

Academics include core curriculum classes and electives including art and PE. Student IEPs and 504 plans are served. 1:1 tutoring available, and on site Special Ed Certified Teacher provides additional help and accommodations.

FAMILY FOCUS

Parenting is front and center at Moonridge Academy, and we support with weekly family therapy and parent coaching and offer a variety of on-site Parent Seminars, weekly webinars, Parent Support Groups, and Parent/Teacher meetings. Concurrent parent therapy work mirrors and supports your child's progress. Parents are welcomed and encouraged to be onsite for local visits and to advance to frequent home visits, preparing for return home with new skills.

ADVENTURE

- Weekly Off-Campus Adventure Days
- On-Site Horses, Daily Horse Interaction
- Horsemanship that may lead to riding lessons
- Monthly 3 Day Overnight Adventure Trips include camping, whitewater rafting, skiing and snowboarding, hiking, kayaking. Students experience serious fun outdoors with their personal therapists
- Yoga and Exercise Classes
- Outdoor Play Equipment On-Site



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